

Assessment Cycle

Academic Year 2016– 2017

Program – Health and Human Performance Master’s Program (577)

College: Family College of Education and Human Development

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Northwestern Mission. Northwestern State University is a responsive, student-oriented institution that is committed to the creation, dissemination, and acquisition of knowledge through teaching, research, and service. The University maintains as its highest priority excellence in teaching in graduate and undergraduate programs. Northwestern State University prepares its students to become productive members of society and promotes economic development and improvements in the quality of life of the citizens in its region.

Gallaspy Family College of Education and Human Development Mission. The College is a committed and diverse community of scholars, educators, students, and future leaders working collaboratively to acquire, create, and disseminate knowledge through transformational, high-impact experiential learning practices, research, and service. The College produces graduates with the capabilities and confidence to be productive members of society equipped with the skill sets necessary to promote economic and social development thereby improving the overall quality of life in the region. The College offers a wide variety of exemplary undergraduate and graduate programs that prepare candidates for career success across the spectrum of professional roles and settings. These programs include teacher education, leadership, and counseling; health and human performance; psychology and addiction studies; social work; and military science. Candidates are taught to become adaptive critical thinkers and problem solvers in diverse scenarios capable of leveraging new technologies to enrich lifelong learning. As caring, competent, reflective practitioners, our graduates become positive role models in their communities and leaders in the nation’s military.

Department of Health and Human Performance Mission. The Department of Health and Human Performance at Northwestern State University of Louisiana provides training for health, physical education, exercise science, and sport professionals. Dedicated faculty and staff members build student knowledge through the discussion and utilization of current practices, topics, and trends to optimize classroom engagement. The department goals align with the Gallaspy Family College of Education and Human Development, as faculty and staff members actively implement transformational, high-impact experiential learning practices, research, and service for a diverse population of learners. Students may earn one of three degrees – Bachelor of Science in Health and Exercise Science, Bachelor of Science in Health and Physical

Assessment Cycle

Academic Year 2016– 2017

Education, or Master of Science in Health and Human Performance. Additionally, students in the Department of Health and Human Performance participate in competitive internships in a wide variety of locations.

Human Performance and Health Promotion Mission. The Master's program in Health and Human Performance supports the mission of Northwestern State University of Louisiana by providing effective teaching and current research in Sport Administration and Health Promotion. Faculty and students engage in basic and applied research, encourage community and university service, and develop educational, community and business partnerships. Emphasis is placed upon effective instruction that develops caring, competent, reflective, practitioner's using creative activity in prevention of health issues, optimization of health and lifestyle modification, enhancement and maximization of physical performance, effective management and promote of sport, and provision of services in varied recreation and leisure settings. The Master's program strives to perpetually improve and update academic offerings to keep pace with the continually evolving fields that comprise health and human performance in a student-oriented learning environment.

Methodology: The assessment process for the MS program is as follows:

- (1) Data from assessment tools are collected and returned to the program coordinator;
- (2) The program coordinator will analyze the data to determine whether students have met measurable outcomes;
- (3) Results from the assessment will be discussed with the HP Graduate faculty;
- (4) The Program Coordinator in the HP Graduate faculty will discuss results of assessment outcomes and, where needed, curricula and program changes will occur.

Student Learning Outcomes:

SLO 1. The student will maintain a 3.0 grade point average throughout the degree plan

Course Map: Ties to course syllabus objectives
All human performance and health promotion courses

Measure 1.1. (Direct – knowledge)

Grade point average will be reported at the end of each semester of enrollment

Assessment Cycle

Academic Year 2016– 2017

Finding: Target not met.

Analysis:

Table #1

Course	Fall 2016			Spring 2017		Percent Total
	Mid-Semester	Final		Mid-Semester	Final	
HHP 577-B						
HED 5000		20 of 27			1 of 3	70%
HED 5020					9 of 9	100%
HED 5100		9 of 11				82%
HED 5200					8 of 10	80%
HED 5250		12 of 14				86%
HED 5300					9 of 11	82%
HED 5370		7 of 10			3 of 3	78%
HED 5400		9 of 9				100%
HED 5470					5 of 7	71%
HED 5600		7 of 8				88%
HED 5990		1 of 1			3 of 4	80%
	Total <3.0	11		Total <3.0	9	
	Adj # <3.0	8		Adj 3 <3.0	8	
HHP 577-A						
HP 5000						
HP 5020					19 of 21	90%
HP 5120					18 of 19	95%
HP 5130		19 of 19				100%
HP 5150		11 of 12				
HP 5160					13 of 19	68%
HP 5190		16 of 18				88%
HP 5220		13 of 13				100%
HP 5510		6 of 6				100%
HP 5520					18 of 18	100%
HP 5530					10 of 13	77%
HP 5590		13 of 14			4 of 4	94%
HP 5690		5 of 16			9 of 13	48%
HP 5990		4 of 4			14 of 15	95%
	Total <3.0	3		Total <3.0	17	

Assessment Cycle

Academic Year 2016– 2017

	Adj # <3.0			Adj # <3.0	14	
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Action - Decision or Recommendation:

Table #1 reports data for both graduate programs in HHP: Sport Administration (577-A) and Health Promotion (577-B). 25 students in fall 2016 and 26 students in Spring 2017 failed to maintain a 3.0 GPA average for the respective semesters. Grade point average data was collected at the end of each semester of enrollment. These total numbers are somewhat skewed due to the nature and structure of the class. The courses highlighted in yellow indicate the paper in-lieu of Thesis research requirement. In some cases this major research effort cannot be completed in a single semester, and the student receives an IP (in progress) continuation grade for the respective semester. This IP is reported as less than a B letter grade (3.0) for the respective semester. Thus 21 of the total 51 students reported as not meeting Measure 1.1, could be omitted from the report. Additionally, HED/HP 5990 listing represents the internship requirement for the respective degree. Graduate students are required through both courses to maintain a minimum contact time at the internship site of 600-800 hours. This amount of contact time sometimes cannot be met within a single semester, and thus, some graduate interns will require an extension of the given semester, or require an additional semester to complete the time commitment. This extension is reported as not meeting the 3.0 GPA requirement for said graduate student. In Table #1 above, that would include 2 students, bringing the total number of students with exception to the GPA requirement for the fall 2016 and spring 2017 semesters to 23 of the 51 reported. In conclusion, 28 graduate students failed to meet the 3.0 GPA requirement for the fall 2016 and spring 2017 semesters.

Additionally, this report fails to recognize that when 28 graduate students do not meet the 3.0 requirement, they are being reported as not making a B letter grade in each class taken per semester. A student can make a C letter grade in one graduate class and an A letter grade in another class, and maintain the B letter grade average for the semester. Therefore, the GPA for Fall 2016 and Spring 2017 may be less than the overall GPA for the degree per graduate student. Also, graduate students cannot intern nor graduate from an academic program with less than a 3.000 GPA.

Graduate students are typically serving in some capacity as graduate assistants, supported by the University Graduate School with a \$12,000 assistantship (GA) across the long semesters (both spring and fall). This GA contract requires that each GA to complete 20 hours of assigned duties in an academic department from an academic supervisor (department head). Many of the Sport Admin GA's then volunteer the remainder of their time in one of the athletic department venues (basketball, track, soccer, volleyball, etc). They will often refer to themselves respectively as a "volleyball

Assessment Cycle

Academic Year 2016– 2017

GA” or as a “football GA”, indicating where each spends most of the free time. Unfortunately, some tend to “over-volunteer” and thus may fail to meet the course requirements. In this case, a grade drops below the 3.0 GPA requirement, and the student loses the assistantship. The 3.0 GPA is pivotal in the graduate program.

SLO 2. The graduate student will be able to articulate an understanding of fundamental strategies through fields of Human Performance

Course Map: Ties to course syllabus objectives

HP 5590

HP 5990 Internship

HED 5990 Internship

Measure: 2.1. (Direct – knowledge)

Supervisor will measure student’s mid-term, final reflections, Weekly logs, and portfolio by scoring 70 % or better

Finding: Target met.

Analysis:

Table #2

Course	Fall 2016			Spring 2017		Percent Total
	Mid-Semester	Final		Mid-Semester	Final	
HP 5590		14 of 14		4 of 4	100%	
HP 5990		4 of 4		14 of 15	95%	
HED 5990		1 of 1		3 of 4	80%	

Action - Decision or Recommendation:

The graduate student will be able to articulate an understanding of fundamental strategies through fields of Human Performance (Sport Administration and Health Promotion). These three graduate courses in Table #2 represent the HHP component of experiential learning through internships. The graduate student must secure an experiential learning opportunity of their choice, with the approval of their Major Professor, to complete this capstone requirement. The supervising graduate instructor

Assessment Cycle

Academic Year 2016– 2017

or University Supervisor then measures student mid-term, final reflections, weekly logs, and portfolio by scoring at 70% or better for the course grade. A score less than 70% requires the student to repeat the capstone experience.

The Health and Human Performance Department offers the Master of Science degree with two concentrations: Sport Administration (face-to-face) and Health Promotion (online only). HP 5590 is a pre-internship seminar in the Sport Admin concentration that prepares the graduate student for the professional expectations of the capstone experience, and is required of all graduate students in Sport Administration. The Health Promotion concentration does not provide a pre-internship seminar.

The recommendation at this time is to continue with the present level of instruction and project assignment. Students exceeded this target.

SLO3. The student will effectively synthesize and apply skills and knowledge learned during the degree program of study

Course Map: Ties to course syllabus objectives

HP 5120
HP 5130
HP 5160
HP 5690
HED 5400
HED 5370

Measure 3.1. (Direct – Knowledge / Ability / Skill)

80% of the students will be able to earn a performance evaluation of at least 80% on this semester assignments.

Finding: Target met, with exception.

Analysis:

Table #3-a

Course	Fall 2016			Spring 2017		Percent Total
	Mid-Semester	Final		Mid-Semester	Final	
HP 5120					18 of 19	95%

Assessment Cycle

Academic Year 2016– 2017

HP 5130		19 of 19				100%
HP 5160					13 of 19	68%
HP 5690		5 of 16			9 of 13	48%
HED 5400		9 of 9				100%
HED 5370		7 of 10			3 of 3	77%
	Total 3.0>	40 of 54		Total 3.0>	43 of 54	77%

Table #3-b

Course	Fall 2016			Spring 2017		Percent Total
	Final	Percent		Final	Percent	
HP 5690	5 of 16	31%		9 of 13	69%	48%
HP 5370	7 of 10	70 %		3 of 3	100%	77%

Action - Decision or Recommendation:

80% of the students were able to earn a performance evaluation of at least 80% on semester assignments in HP 5120, HP 5130 and HED 5400, where students exceeded Measure 3.1. In HP 5160, 6 students (32%) failed to meet the measure 3.1.

The data presented in Table # 3-b represent the paper in-lieu of Thesis classes (HP 5690 and HED 5370). Failure to achieve an 80% score here was due to the students not completely writing the paper during the regular semester. Therefore, each was able to re-enroll the following semester, with a grade of IP (in progress), and thus were reported as failing to meet the 80% measure for the semester registered.

Measure 3.1 should be directed to the research writing courses (PIL) of HP 5690 and HED 5370, and the internship courses HP and HED 5990. During the capstone experiential learning courses, students should be able to effectively synthesize and apply skills and knowledge learned during the degree program of study.

Comprehensive Summary of key findings and or decisions:

The Master's degree program in HHP is in very good shape. There are two concentrations: Sport Administration (face-to-face format) and Health Promotion (online only format). Graduate Assistantships are offered in both programs, but the recipient has to be residential, and work in the department for the assistantship. Students apply from all over the United States for the opportunity, and the program is never shy for numbers. The GA must maintain a 3.0 semester GPA, in order to remain as a graduate assistant. NSU strongly supports the graduate program by awarding \$12,000 per year

Assessment Cycle

Academic Year 2016– 2017

stipends to successful applicants. The HHP curriculums are strong and modeled after the nationally ranked / equal programs throughout the US. The Sport Administration program meets the curriculum standards recommended by the North American Society for Sport Management (NASSM). Students complete internships in both programs, and through this capstone experience, almost every graduate finds employment in the respective field upon graduation. This program is successful in its current format.

- 1) SLO 1: Students do maintain a 3.0 GPA during the program. When one falls below the required GPA, a letter of probation is issued from the graduate school reminding the student of the shortcoming, and giving the student a semester to re-establish the 3.0. Students must have a 3.0 GPA in order to sign up for an internship, and in order to apply for graduation as well.
- 2) SLO 2: Graduate students in both programs were able to successfully articulate an understanding of fundamental strategies from each respective program, through a semester-long experiential learning field (internship). The student contact-time requirement on site is a minimum of 600 hours and a maximum of 800 hours per student. Each student has to complete a project for the internship that satisfies both the university supervisor and the site supervisor purview as being original and noteworthy. This component more than satisfies the requirement for understanding and implementation of fundamental strategies from the respective academic programs.
- 3) SLO 3: In all cases of the experiential learning activity / internship, the graduate student effectively synthesizes and applies skills and knowledge learned during the degree program of study, to the work environment of the internship. Often, the graduate student brings new and cutting edge knowledge to the work setting, along with the attitude to make a positive difference in a job capacity. Most all graduates are able to secure immediate employment in the respective field, if not at the site of the internship. With the time allotment for the internship, most are able to show job experience through the internship, with enough training to satisfy an experience requirement for employment.

Recommendations: Graduate faculty should review and revise these SLOs to better reflect the quality of outcomes /successes each program enjoys, and to reduce any duplicity encumbered with the current SLOs.