

Our Commitment To A Drug-Free Campus

Dr. Chris Maggio, President

NORTHWESTERN STATE UNIVERSITY

Policy Statement Regarding Alcohol and Drugs

“Northwestern State University conforms to all local, state and federal laws regarding the illegal use of alcohol and other drugs on the campus. Northwestern is a member of the Network to Promote Drug-Free Colleges and Universities and abides by their standards regarding policies, athletic programs, educational programs, enforcement and assessment. Students and employees who fail to abide by university policies regarding alcohol and other drugs will be subject to disciplinary action according to established university policies and procedures which conform to local, state and federal laws.”

--- Dr. Chris Maggio, President
Northwestern State University

University Policy

Students and employees of Northwestern State University of Louisiana are hereby informed that the unlawful manufacture, distribution, dispensing, possession or use of controlled substances is prohibited on university property. Students and employees of the University found to be illegally manufacturing, distributing, dispensing, possessing or using controlled dangerous substances on university property shall be subject to disciplinary action in accordance with applicable policies of the State of Louisiana, University of Louisiana Board of Trustees, and Northwestern State University. In addition to university disciplinary action, students and employees found to be illegally manufacturing, distributing, dispensing, possessing or using controlled substances shall also be subject to criminal prosecution.

The term “**controlled dangerous substance**” means a drug, substance or immediate precursor in Schedule I through V of Louisiana RS 40:964.

Students and employees are also advised that the possession and consumption of alcoholic beverages on university property or during any trip sponsored by the University or university affiliated organization except as provided in University policy is forbidden.

University policy requires prior approval for any event at which alcohol is served. Local and state ordinances governing the sale, possession and/or consumption of alcoholic beverages shall be observed. A copy of the University policy is available in the Office of Student Activities and Organizations on the University campus.

Legal Sanctions

Students and employees are reminded that local, state, and federal laws provide for various legal sanctions and

penalties for the unlawful possession or distribution of illicit drugs and alcohol. These sanctions include, but are not limited to, incarceration and monetary fines.

The Federal Controlled Substance Act provides penalties of up to fifteen years imprisonment and fines for unlawful distribution or possession with intent to distribute narcotics. For unlawful possession of a controlled substance, a person is subject to up to one year of imprisonment and fines up to \$5,000. Any person who unlawfully distributes a controlled substance to a person under twenty-one years of age may be punished by up to twice the term of imprisonment and fine otherwise authorized by law.

Louisiana Uniform Controlled Dangerous Substance Law provides that any person who violated the criminal statutes by manufacturing and distributing opiates such as cocaine and heroin is subject to imprisonment for life without benefit of probation and/or parole and a fine of \$15,000. A person illegally manufacturing stimulants and depressants is subject to imprisonment up to thirty years and a fine of \$15,000. Illegal manufacture of and distribution of hallucinogens such as LSD and marijuana is punishable by imprisonment of up to ten years and a fine of \$15,000.

A person possessing opiates illegally is subject to a prison term of ten years and a \$15,000 fine. Possession of hallucinogens, stimulants and depressants is punishable by imprisonment up to five years and a \$5,000 fine.

The State of Louisiana Criminal Code RS 14:91 provides for punishments ranging from up to six months imprisonment and fines of up to \$3,000 for violation of statutes relating to the possession and sale of alcohol.

The local ordinances of Natchitoches, Shreveport, Alexandria, and Leesville also provide prohibitions relating to illicit drugs and alcohol. Generally, these local ordinances are similar in content to state law.

Further information on these local ordinances, state and federal statutes are maintained by University Police. Students and employees are encouraged to obtain copies of this information.

University Sanctions

In accordance with the policies of Northwestern State University of Louisiana, employees found in violation of University policies governing alcohol and illicit drugs on University property may be subject to penalties up to and including termination.

Students who violate University policy will be afforded due process as prescribed in the *University Code of*

Student Conduct. The Code is found in the *Student Handbook*, available in the Dean of Students Office. Sanctions for policy violation include reprimand, probation, suspension, and expulsion. Students may also be referred for counseling and/or referral for individual assessment as a condition of any sanction.

The following types of conduct are prohibited by Article IV, and individuals or groups found to have committed such infractions by the procedures set forth in the *Code of Student Conduct* shall be subject to sanctions, those of suspension or expulsion from the University.

Sec. 9.0 SUBSTANCE INFRACTIONS

- 9.1 Possession or consumption of alcoholic beverages on University property or during any trip sponsored by the University or University affiliated organization, except as provided in University policy.
- 9.2 Unauthorized or illegal possession, use, sale, manufacture, or transportation of narcotics, stimulants, depressants, hallucinogens, or other controlled substances as defined by state statute.
- 9.3 Public intoxication and/or operation of a motor vehicle or water craft while intoxicated.

Health Risks Associated With the Use of Illicit Drugs and Abuse of Alcohol

Alcohol

Beer, Wine, Gin, Vodka, Bourbon, Whiskey, Liquors, Brandy, Champagne, rum, Sherry, Port, Coolers

Booze, Ethyl Alcohol, Liquor, Drinks, Cocktails, Highballs, Nightcaps, Moonshine, White Lightning, Mountain Dew, Firewater, Home Brew
Disorientation; lack of coordination; impaired memory, judgment, and perception; high blood pressure; liver damage; impairs kidney functions; damages the pancreas; interferes with male sexual performance; disrupts menstrual cycle; affects electrolyte balance; causes birth defects; alters hormone balance; impairs immune system; organ damage; heart disease; gastrointestinal irritations; possible irreversible brain and nervous system damage.

Physical and psychological tolerance can develop.

Anabolic Steroids

Steroids

Cholesterol increase; gallstones; heart disease; kidney disease; kidney stones; liver disease; menstrual irregularities; testicular atrophy; unusual bleeding; urination problems; high blood pressure; bone pain; fetal damage; hypercalcemia; prostate enlargement; cancer; possible death.

Cannabis

Marijuana

THC, Tetrahydrocannabinol, Blunt, Pot, Grass, Reefer, Joint, Weed, Mary Jane, Rope, Smoke, Ganja, Bud

Hashish

Hash, Hash Oil

Loss of coordination; possible confusion; stimulated appetite; distortion of reality; lowered body temperature; possible depression; possible hallucinations; paranoia;

*lung problems, chronic lung disease (bronchitis and emphysema); possible lung cancer; disrupts short-term memory; dulled thinking; calculation skills; reasoning and comprehension; dulled reaction time; hormonal changes-drop in blood levels of testosterone, problems in ovulation and menstruation- moderate tolerance; psychological dependence can develop**

Cocaine

Coke, Snow, "C", Blow.

Causes heart palpitations, which can lead to a heart attack and possibly death; increases pulse rate and blood pressure; chronic fatigue and exhaustion, chronic nausea and vomiting; causes epileptic seizures; brings about suicidal tendencies; causes sexual problems; causes chronic nosebleeds and runny nose, which can possibly lead to large ulcers which are followed by loss of septum-causes sinus problems/headaches; smoking may cause lesions in lungs; causes depression, paranoia and irritability; loss of weight and vitamin deficiencies; risk of hepatitis or AIDS by using contaminated needles; overdoes-death-Physical and psychological tolerance can develop

Crack (a form of Cocaine)

Rock

Health risks for Crack are virtually the same as Cocaine, except possibly at a greater intensity- highly potent and extremely addictive. Users have reported becoming addicted after smoking Crack just a few times.

Depressants

Barbiturates

Seconal, Nembutal, Amytal, Butisol, Tuinol, Phenobarbital

Downers, Barbs, Candy, Goofballs, Reds, Yellows, Blues, Yellow Jackets, Nimbles, Pinks, Devils, Christmas Trees, Phennies, Peanuts

Benzodiazepines

Valium, Librium, Serax, Tranxene, Ativan, Dalmane
Tranquilizers

Chloral Hydrate

Nectec

Mickey Finn, Knock-out Drops (with alcohol)

Others

Equanil, Miltown, Noludat, Placidyl, Valmid, Deridem

*Slowed heart rate and breathing; lowered blood pressure; slowed reactions; confusion; loss of coordination; respiratory arrest; convulsions; overdose; possible coma/death; possible death-Physical and psychological tolerance can develop**

Hallucinogens

Lysergic Acid

Diethylamide

LSD, Acid, Pearly Gates, Wedding Bells, Microdot, Heavenly Blue, Royal Blue, Windowpane, Trip, Sid "A"

Phencyclidine

PCP, Angel Dust, Hog

Methylenedioxy-methamphetamine

Roll, XTC, "M", "E", "X", MDMA, Ecstasy, Love Drug, Adam, M&M

Dimethoxymeth-amphetamine

STP, Serenity and Peace

Dimethyltryptamine

DMT, Businessman's Trip

Peyote Cactus

Mescaline, Mescal Buttons, Mescal Beans, Huatari

Psilocybe

Mushrooms

Psilocybin, "Shrooms", Sacred Mushrooms, Magic

Mushrooms

*Loss of concentration; impaired judgment; unpredictable behavior; depression; possible suicidal behavior; possible psychosis; liver damage; increase of birth defects; permanent brain damage; permanent memory loss; overdose: possible convulsions, coma, and death-Tolerance develops**

Inhalants

Solvents/Aerosols

Volatile, Hydrocarbons, Airplane Glue, Nail Polish

Remover, Lighter fluid, Gasoline, Thinner, Paints,

Hairsprays, Cleaning fluids

Anesthetics

Nitrous Oxide, Halothane, Laughing Gas

Nitrites

Amyl Nitrite, Butyl Nitrite, Snappers, Poppers,

Locker Room, Rush, Room Deodorizer

Weight loss; electrolyte imbalance; fatigue; memory problems; loss of self-control; violent behavior; black-outs; damage to liver, kidneys, blood and bone marrow; heart failure-instant death; loss of consciousness; possible coma, suffocation-death; brain damage-Tolerance develops

*Long term use of nitrites; possible impairments of the immune system, may allow development of a form of cancer (often seen in AIDS victims); glaucoma; blood cell damage**

Narcotics

Heroin

Diacetylmorphine

Snow, Stuff, Harry, H, White Horse, Hard Stuff, White

Stuff, Joy Powder, Scag, Junk, Smack

Morphine

Morphine Sulfate

Morpho, Miss Emma, Unkie, Hocus, M

Opium

Dover's Powder, Paregoric, Parepectolin

Codeine

Empirin, Compound with Codeine, Robitussin A-C,

Cough syrups with codeine

Schoolboy

Hydromorphone

Dilaudid

Lords

Meperidine

Demerol, Mepergan, Pethadol

Doctors

Methadone

Dolophine Methadone, Methadose

Dollies

Others

Percodan, Talwin, Lomotil, Darvon

*Malnutrition; reduced libido, hunger, thirst; anemia; rapid heartbeat; hallucinations; respiratory arrest; shock; lack of coordination; loss of ability to concentrate; loss of judgment and self control; cardiac arrest; infection; painful withdrawal; overdose; possible convulsions, coma; possible death; possible risk of hepatitis or AIDS-Physical and psychological dependence can develop**

Stimulants

Amphetamines

Destroamphetamine, Methamphetamine,

Biphetamine, Dexedrine, Desoxyn

Speed, Uppers, Pep Pills, Wake-ups, Bennies, Eye-

Openers, Co-Pilots, Coast to Coast, Cartwheels, Sky

Rockets, Bombidos, Jelly Beans, Sweets, A's,

Black Beauties

Phenmetrazine

Preludin, Preludes

Methylphenidate

Ritalin

Others

Ionamin, Tenuate, Teanil, Sanorex, Plegine, Cylert

Crystal

Methamphetamines, Speed, Tweak

Ice

Speed, Smoke, Fire

Crank

Street Speed

*Severe anxiety; vitamin deficiencies; malnutrition; high blood pressure; chronic sleeplessness; infections; rapid and irregular heartbeat; loss of coordination; suicidal depression; possible cerebral hemorrhage; skin disorders; damage to organ systems (lungs, liver, kidneys); brain damage; amphetamine psychosis (hallucinations, paranoid delusions, compulsive/bizarre behavior); overdose; possible convulsions, coma and/or death-Psychological and sometimes physical dependence can develop**

Crystal, Ice, and Crank-Greater intensity of health risks than of other stimulants; tolerance builds quickly; toxic psychosis; overdose; death

Tobacco

Nicotine

Cigarettes (nicotine)

Chewing Tobacco, Snuff, Chew

Shrinks blood vessels in the skin; raises blood pressure; lowers body temperature; increases chance of blood clots; increases blood sugar-decreases appetite; nutrition deficiencies; increases heartbeat; increases chances of lung cancer, respiratory disease; heart disease and lung disease (emphysema and bronchitis); may cause low birth-weight in infants; may retard or slow down growth in unborn babies; death may result due to infections, disease, cancer-Tolerance to nicotine develops quickly.

Key* These are general health risks for the specific drug category (i.e. depressants, narcotics, etc.)

ALCOHOL AND DRUG COUNSELING, TREATMENT OR REHABILITATION PROGRAMS

This collection of resources includes both “on” and “off” campus programs available to students, faculty and staff at all Northwestern State University of Louisiana campuses (areas included are Natchitoches, Alexandria-Pineville, Bossier-Shreveport and Leesville).**

ON-CAMPUS

NORTHWESTERN STATE UNIVERSITY COUNSELING AND CAREER SERVICES

Room 305, Friedman Student Union
Natchitoches, Louisiana 71497
(318) 357-5621

Hours: 8:00 AM - 4:30 PM Monday-Thursday
8:00 AM – 12:30 PM Friday

Emergencies/crises-after hours/weekends- contact University Police (318) 357-5431

Free counseling/educational services available to currently enrolled students, as well as, campus faculty and staff.

Referrals made to psychiatrist or community programs if necessary. Confidential services.

NORTHWESTERN STATE UNIVERSITY STUDENT HEALTH SERVICES

Infirmery Building
Natchitoches, Louisiana 71497
(318) 357-5351

Hours: 7:30 AM - 4:00 PM Monday - Thursday
7:30 AM - 12:00 PM Friday

Emergencies/crises-after hours/weekends- go to Natchitoches Parish Hospital Emergency Room

Free health counseling services available to currently enrolled students. Referrals made. Confidential services.

NATCHITOCHEs AREA

NORTHWEST COUNSELING SERVICE

111 E. 5th Street
Natchitoches, Louisiana 71457
(318) 652-1051
Contact Person: Amy Bienvenu LCSW

PSYCHOLOGICAL SERVICES

116 Hwy 1 South, Suite 209
Natchitoches, Louisiana 71457
(318) 352-1022
Contact Person: Catherine E. Hansen, PhD.

NATCHITOCHEs BEHAVIORAL HEALTH CLINIC

210 Medical Drive
Natchitoches, Louisiana 71457
(318) 357-3122

Hours: 8:00 AM - 4:30 PM Monday - Friday

Individualized counseling-outpatient services. State agency. Sliding fee scale depending on income and dependents. Insurance, Medicare and Medicaid accepted. Referrals made as needed to private and state programs. Confidential services.

Self and court appointed clients. Outpatient services. State agency. Individual and group therapy. Day treatment program. Sliding fee scale depending on income and

dependents. Insurance accepted. Referrals made as needed to private and state programs. Confidential services.

**Serves a three parish area: Natchitoches, Sabine, Winn*

*Outreach clinics: **Many Mental Health Clinic**
265 Highland Drive, Many, LA*

ALEXANDRIA AREA

LONGLEAF HOSPITAL

44 Versailles Blvd
Alexandria, Louisiana 71303
318-445-5111

SHREVEPORT AREA

WILLIS KNIGHTON

2600 Greenwood Road
Shreveport, Louisiana
1-800-332-9562

BRENTWOOD HOSPITAL

1006 Highland Ave
Shreveport, Louisiana 71101
877- 678-7500

****This is not an all-inclusive list-an attempt was made to compile as many resources as possible to assist our students, faculty and staff at Northwestern State University of Louisiana.**

This document was developed to assure compliance with Public Law 101-226. Through the efforts of Northwestern State University's Office of Counseling, Office of Student Affairs, & Office of Business Affairs, this document was made possible