

NORTHWESTERN STATE WRAC

GROUP EXERCISE SCHEDULE

SUMMER 1 2022

MAY 23RD – JUNE 30TH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
9:00-9:45AM	<i>HIIT</i> KAITLYN	<i>YOGA</i> CLE'LIE		<i>YOGA</i> CLE'LIE

SUMMER 1 GROUP EX SCHEDULE WILL RUN FROM MAY 23RD – JUNE 30TH
CLASSES WILL NOT MEET JULY 4TH – 8TH.

For more information on Group Exercise schedules & our Fitness Assessment Lab please visit us at
wrac.nsula.edu or call at 318.357.5428