

# May 2016



## Happy Graduation!

“If you can imagine it, you can achieve it, if you can dream it, you can become it.”

- William Arthur Ward

Volume 2 Issue 7

### Congratulations Graduates

The Student Support Services Staff would like to congratulate the graduates for the spring 2016 semester. We would like to send a special congratulations to our SSS students that will be graduating Friday. If you see the following students, please congratulate them on their accomplishment.

**Nigel Allen – BS in Biology**  
**Adrian Below – BS in Biology**  
**Keyerre Chattard – Bachelor of Social Work**  
**Shantrece Cole – BA in Liberal Arts**  
**ShaRhonda Collins – Bachelor of Social Work**  
**Briana Craige – BS in Addiction Studies & Psychology**  
**Joshua Douglas – BS in Radiologic Sciences**  
**Stemisha Evans – BS in Family & Consumer Sciences**  
**Chantasia Grasty – BS in Family & Consumer Sciences**  
**Marie Hebert – BS in Early Childhood Education**  
**Taylor Hill – BS in Radiologic Sciences**  
**Ashley Howell – BS in Radiologic Sciences**  
**Essitericah Hullaby – BA in Communications**  
**Anitria Lawrence –BS in Psychology & Addiction Studies**  
**Raven Mitchell – BS in Addiction Studies & Psychology**  
**Dasmon Mose – BS in Radiologic Sciences**  
**Leanny Munoz – BA in Liberal Arts, Scholar’s College**  
**Nicole Plunkett – BS in Mathematics**  
**YaCuria Reed – BS in Psychology**  
**Torrey Ryan – BS in Radiologic Sciences**  
**Alyssia White – BS in Biology**  
**Alishia Whitaker – Bachelor of General Studies**  
**Rochelle Williams – BS in Radiologic Sciences**  
**Lanae Wilson – Associate of General Studies**



If you have not pre-registered for fall 2016 classes, please do so ASAP. If you need assistance with scheduling, please contact your SSS advisor at 318-357-5901 or come by our office at 243 Kyser Hall.

REMEMBER: YOUR SSS ADVISOR IS 12 MONTH FACULTY AND WILL BE IN THE OFFICE THROUGHOUT THE SUMMER. COME SEE US IF YOU NEED ANYTHING!

# 50 WAYS TO STAY ENTERTAINED OVER THE SUMMER!

1. Read a new release book.
2. Read a classic.
3. Buy a magazine you don't usually read.
4. Get an audio book.
5. Volunteer!
6. Try a new form of exercise.
7. Join a community sports team.
8. Take a class at the gym.
9. Join a community group.
10. Try a new video game.
11. Watch a movie marathon.
12. Spend a weekend seeing all the new releases.
13. Try a new idea: breakfast and a movie.
14. Take a bus or a train somewhere new.
15. Take a quick flight somewhere new.
16. Learn an instrument.
17. Get a head start on your fall classes. Get the text and start reading.
18. Set up systems for success for the new year by getting organized.
19. Take an online class.
20. Build a personal website.
21. Do something that challenges your fears.
22. Go camping.
23. Take an art class.
24. Try a new kind of food or restaurant.
25. Experiment in the kitchen. Learn to cook!
26. Get a massage at a massage school.
27. Try a different hairstyle.
28. Go to a museum.
29. Go through your old stuff and donate what you don't use/need.
30. Try your hand at creative writing.
31. Go to a play.
32. Go to a major sports game.
33. Go to a minor sports game.
34. Go see a movie.
35. Go to a concert.
36. Act like a tourist in your own town.
37. Go for a bike ride.
38. Grab some kites, friends, burgers, and a picnic table.
39. Go to a water park.
40. Dance.
41. Clean up your e-life. Clean up your desktop, delete pics from your phone, clean up your Facebook friends list.
42. Act like a photographer and take some pictures.
43. Organize an event at your place of worship.
44. Follow a passion.
45. Develop your own internship. Offer to volunteer for a potential employer.
46. Create a business.
47. Think outside the box!
48. Read.
49. Read.
50. Read some more!

Ideas from "50 Ways to Stay Entertained Over a College Summer" by Kelci Lynn Lucier and "Summer Plans for Students" @ <http://professionals.collegeboard.com/portal/site/Professionals/menu.item.b6b1a9bc0c5615..>



# Fun Summer Recipes



## GRILLED BACON JALAPENO WRAPS

### Ingredients

- 6 fresh jalapeno peppers, halved lengthwise and seeded
- 1 (8 ounce) package cream cheese
- 12 slices bacon

### Directions (Prep 10 min., Cook 10 min., Ready in 20 min.)

1. Preheat an outdoor grill for high heat.
2. Spread cream cheese to fill jalapeno halves. Wrap with bacon. Secure with a toothpick.
3. Place on the grill, and cook until bacon is crispy.



## WATERMELON FIRE & ICE SALSA

### Ingredients

- 3 cups chopped watermelon
- ½ cup chopped green bell pepper
- 2 tablespoons lime juice
- 2 tablespoons chopped fresh cilantro
- 1 tablespoon chopped green onions
- 1 tablespoon chopped jalapeno pepper
- ½ teaspoon garlic salt

### Directions (Prep 15 minutes, Ready in 15 minutes)

In a large bowl, combine the watermelon, green bell pepper, lime juice, cilantro, green onions, jalapeno and garlic salt. Mix well and serve.



## FRUIT DIP

### Ingredients

- 1 (8 ounce) package cream cheese, softened
- 1 (7 ounce) jar marshmallow creme

### Directions (Prep 5 min., Ready in 5 min.)

Using an electric mixer, blend cream cheese and marshmallow creme until mixed thoroughly.

## Links to Apply for Jobs

[www.laworks.net](http://www.laworks.net)

[www.indeed.com](http://www.indeed.com)

[www.monster.com](http://www.monster.com)

<http://www.civilservice.louisiana.gov/>



# SUMMERTIME



# HAPPY BIRTHDAY



May 4 Angel Greer  
 May 6 Stemisha Evans  
 May 8 Jacquelyn Jones  
 May 11 Sabrina Cook  
 May 12 Renee Bennett Bray  
 May 13 Hannah Gallow  
 May 19 Brianna Ashley  
 May 20 Jalen Clark  
 May 21 Kevin Blake, Sr.  
 May 22 Alexis Musgrove

May 24 ShaRhonda Collins  
 Nicole Plunkett  
 Treasure Wilson  
 May 25 Petronel Harris  
 Stephanie Horn  
 May 26 Kiera Jones  
 Jasmine Poe  
 May 28 Celina Thrasher  
 May 30 Arianna Parrish



## GOT NEWS?

If you've got news you'd like to share with the NSU SSS community, please send it to us at [triosss@nsula.edu](mailto:triosss@nsula.edu). A picture may enhance your story, so feel free to include that also. The deadline for all submissions for the next month's issue is always the 20th.

### STUDENT SUPPORT SERVICES STAFF

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STUDENT SUPPORT SERVICES IS A FEDERALLY-FUNDED TRIO PROGRAM. IN 2015-16, THIS PROJECT AT NSU WAS FUNDED AT \$404,178.

### Important Dates

- Friday, May 6 – Graduation at Prather Coliseum 10:00 a.m. & 3:00 p.m. (depending on major)
- Saturday, May 7 – Residence Halls Close
- Monday, May 16 – 12 week session of summer school begins
- Monday, June 6 – 8 week and 1st 4 week sessions of summer school begins
- Tuesday, July 5 – 2nd 4 week session of summer school begins
- Monday, August 22nd – First Day of Classes
- Tuesday, August 30th - Final day to register, add courses, and make section changes (16-week & A-term) without a "W"
- Wednesday, August 31st – Dropping with a "W" begins