NSU Health & Human Performance Department **Curriculum Advising Sheet for a BS in Health & Exercise Science (377) - Fall 2019**

Student Name: _____ Declared Major: _____
NSU CWID #: _____ Advisor: _____
Cell Phone: _____ Checksheet Updated: _____

Important Notes:
1. A minimum grade of "C" is required for each course in the curriculum. (if a course is repeated, the last grade is applied to the GPA)
2. A minimum adjusted major GPA of 2.50 is required for graduation from this program (includes all courses applied to this curriculum sheet)

University Core Courses - 41 hours

	1. English - 6 hours	Course #	Credit
	Composition & Rhetoric I	ENGL 1010	3
	Composition & Rhetoric II	ENGL 1020	3

	2. Mathematics - 6 hours		
	College Algebra	MATH 1020	3
	Finite Mathematics	MATH 1060	3

	3. Natural Science - 11 hours		
	Introduction to Chemistry/ or SCI 1010	CHEM 1070	3
	Human Anatomy & Physiology I	BIOL 2250	3
	A & P Lab I	BIOL 2251	1
	Human Anatomy & Physiology II	BIOL 2260	3
	A & P Lab II	BIOL 2261	1

	4. Humanities - 9 hours		
	Literature ENGL 2110	ENGL 2110	3
	American History (HIST 2010 or 2020)	HIST 2010	3
	Communication (1010 or 2500)	COMM _____	3

	5. Fine Arts - 3 hours		
	Exploring the Arts	FA 1040	3

	6. Social Science - 3 hours		
	Microeconomics	ECON 2000	3

	7. Behavioral Science - 3 hours		
	Developmental Psychology	PSYC 2050	3

Courses taken but not used for the HES Major:

HP, HED, and other Departmental Support Courses - 79 hours

	1. Health & Exercise Science Core - 32 hours	Course #	Credit
	Introduction to Health & Exercise Science	HP 2000	3
	Physical Fitness	HP 2270	2
	Motor Learning	HP 2630	3
	Applied Kinesiology	HP 3550	3
	Physiology of Exercise	HP 3560	3
	Physiology of Exercise Lab	HP 3561	1
	Exercise Testing, Evaluation and Prescription	HP 4170	2
	Pre-Internship Seminar	HP 4180	3
	Internship in Health & Exercise Science	HP 4200	12

	2. Required Support Courses - 22 hours		
	University Experience (Orientation)	UNIV 1000	1
	Computer Application	BUAD 1800	3
	Psychology - Pers Adj (2450) or Abnormal (4450)	PSYC 2450	3
	Human Nutrition	NUTR 1030	3
	Adv Comp (ENGL 3210) or Tech Writ (ENGL 3230)	ENGL 3230	3
	Business Law I	BUAD 3250	3
	Marketing 2200	MKTG 2200	3
	Inferrential Statistics	PSYC 4400	3

	3. Health-Related Courses - 14 hours		
	First Aid & CPR	HED 1010	2
	Personal & Community Health	HED 1090	3
	Community Health Promotion	HED 3000	3
	Health & Exercise Psychology	HED 4000	3
	Drug & Alcohol Education	HED 4600	3

	4. Advisor-Approved Electives - 11 hours		
	a. Activity: 2 courses from HP 1120,1180,1290,1330,	HP	2
	1370, 1510, 1550, 1590, 1600, 1640, 1660, 1670,	HP	2
	b. 7 hours from the following list of courses:	(7 hours below)	
	BIOL 1060,ALHE/VTEC 1020; BUAD 3260,4190;	_____	3
	HED 2010 or 4500; HP 1110,2070,2080,2170,2670,	_____	3
	2680, 4000, 4300, 4660; or other approved course	_____	1-3
	SOWK 4370; any courses in BIOL,CHEM,PHYS,		
	required for admission to PT,OT, or PA school.		