## NSU Health \& Human Performance Department Curriculum Advising Sheet for BS in Health \& Physical Education,K-12 (378)

Student Name: $\qquad$
NSU CWID \#: $\qquad$

University Core Courses (46 hours)

| 1. English - 6 hours | Course \# | Credit |
| :---: | :---: | :---: |
| Composition \& Rhetoric I | ENGL 1010 | 3 |
| Composition \& Rhetoric II | ENGL 1020 | 3 |
| 2. Mathematics $\mathbf{- 6}$ hours taken in pairs and sequence |  |  |
| (Choose from MATH 1020-1060; 1020-1090; | MATH 1020 | 3 |
| 1020-2010; 1100 or 1810-6 hrs each) | MATH 1060 | 3 |
| 3. Natural Science $\mathbf{- 1 5}$ hours |  |  |
| Physical Science - SCI 1010 recommended | SCI 1010 | 3 |
| Biological Science - SCI 1020 recommended | SCI 1020 | 3 |
| Human Anatomy | BIOL 2220 | 3 |
| Human Anatomy Lab | BIOL 2221 | 1 |
| Human Physiology | BIOL 2230 | 3 |
| Human Physiology Lab | BIOL 2231 | 1 |
| 4. Humanities -9 hours |  |  |
| Literature (from ENGL 2050,2060,2070,2080) | ENGL | 3 |
| Adv Comp(ENGL 3210) or Tech Writ(ENGL 3230) | ENGL | 3 |
| American History (HIST 2010 or 2020) | HIST | 3 |
| 5. Fine Arts - 3 hours |  |  |
| Exploring the Arts | FA 1040 | 3 |
| 6. Social/Behavioral Sciences - 3 hours |  |  |
| 2000-level Social Science course chosen from: |  | 3 |
| ANTH 2020, ECON 2000,2010; GEOG 2020 |  |  |
| PSCI 2010,2020; PSYC 2450 |  |  |
| EPSY 3000 will be substituted for PSYC 1010 |  |  |
| when students complete K-12 HPE program. |  |  |
| (PSYC 1010 cannot be used for EPSY 3000) |  |  |
| 7. Orientation - 1 hour - Orientation |  |  |
| Orientation | OR 1010 | 1 |
| 8. Health \& Personal Fitness - 4 hours |  |  |
| (these courses are taken as part of the major) |  |  |
| Courses not used for the HPE Program: | Course \# | Credit |
| Since the program includes certification in K-12, both Health \& PE, there are no electives available. (Any additional courses taken should be used toward certification in another area of classroom teaching.) |  |  |
| Important Notes about GPA: |  |  |
| 1. Minimum grade of " C " required in all courses. <br> 2. All college coursework is applied (except activity |  |  |
| 2. All college coursework is applied (except activity courses and developmental courses) to the GPA. |  |  |
| 3. All repeated course grades are calculated in GPA. |  |  |
|  |  |  |



HP, HED, and other Departmental Required Courses (79 hours)

| 1. | Health \& Exercise Science Core - 30 hours |  | Course \# | Credit |
| :---: | :---: | :---: | :---: | :---: |
|  | Foundations of Physical Education |  | HP 2010 | 3 |
|  | Motor Learning |  | HP 2630 | 3 |
|  | Applied Kinesiology |  | HP 3550 | 3 |
|  | Physiology of Exercise |  | HP 3560 | 3 |
|  | Physiology of Exercise Lab |  | HP 3561 | 1 |
|  | Introductiuon to Adapted Physical Education |  | HP 4000 | 3 |
|  | Tests \& Measurements in Physical Education | * | HP 4150 | 3 |
| 2. Physical Education Skills \& Techniques - $\mathbf{1 0}$ hours |  |  |  |  |
|  | Basic Movement \& Rhythmical Activities |  | HP 2110 | 2 |
|  | Recreational \& Innovative Games |  | HP 2230 | 2 |
|  | Individual \& Dual Sports |  | HP 2240 | 2 |
|  | Physical Fitness |  | HP 2270 | 2 |
|  | Team Sports |  | HP 2280 | 2 |
| 3. Methods of Teaching Health \& Physical Education - 10 hours |  |  |  |  |
|  | Teaching Apprenticeship in Health \& PE |  | HP 3190 | 1 |
|  | Methods of Teaching K-12 Health Education | * | HED 4880 | 3 |
|  | Methods of Teaching Secondary School PE | * | HP 4010 | 3 |
|  | Methods of Teaching Elem-Middle School PE | * | HP 4960 | 3 |
| 4. Health-Related Courses - 14 hours |  |  |  |  |
|  | First Aid \& CPR |  | HED 1010 | 2 |
|  | Personal \& Community Health |  | HED 1090 | 3 |
|  | Introduction to Health Education |  | HED 2000 | 3 |
|  | Sexuality Education |  | HED 4500 | 3 |
|  | Drug \& Alcohol Education |  | HED 4600 | 3 |
| 5. Professional Education Courses - 30 hours |  |  |  |  |
|  | Foundations of Multicultural Education |  | EDUC 2020 | 3 |
|  | Educational Psychology \& Student Assessment | * | EPSY 3000 | 3 |
|  | Child and Adolescent Psychology | * | EPSY 3010 | 3 |
|  | Planning and Assessment | * | EDUC 3140 | 3 |
|  | Introduction to Individuals with Disabilities |  | SPED 3460 | 3 |
|  | Teaching Reading in the Content Areas | * | RDG 4080 | 3 |
|  | Student Teaching in Secondary School HPE | * | EDUC 4020 | 12 |

Requirements for Admission to Teacher Candidacy:(courses requiring TC with *)

1. Minimum grade of " C " in all courses
2. Overall GPA of 2.50 or higher

| GPA $=$ |  |  |  |
| :--- | :--- | :---: | :---: |
| Reading | 174 |  |  |

(alternate scores: ACT 22; SAT $1030 \quad$ Writing $\quad 173$
Mathematics 172
Requirements-Student Teaching: 1. Maintain Teacher Candidacy
2. PRAXIS II scores: PLT

PE Content 146

