

# NSULA Gail Metoyer Jones Center for Inclusion and Diversity



*"We are Stranger when we listen  
and smarter when we share."  
-Queen Rania Al Abdullah, Queen  
of Jordan*



## **April is Autism Acceptance Month**

Autism Acceptance Month, previously named Autism Awareness Month, aims to celebrate and promote acceptance for the condition that occurs in one in every 54 children as of 2020 in the United States. First held in the year 1972 by the Autism Society, Autism Acceptance Month emphasizes the need for public awareness to promote acceptance, celebrate the differences, and be more inclusive towards autistic individuals around us.

## **April is Arab-American Heritage Month**

During this time, we celebrate Arab Americans throughout the past and present, and recognize their invaluable contributions to our country. Across the country, cultural institutions, school districts, municipalities, state legislatures, public servants, and non-profit organizations issue proclamations and engage in special events that celebrate our community's rich heritage and numerous contributions to society. It also serves as a time to combat Anti-Arab bigotry and to challenge stereotypes and prejudices.



## Upcoming Events

### NICSS: Socioeconomics and Class [Faculty/Staff]

Dr. Keicia Hawkins will be speaking on the impact of socioeconomic status on students

**Student Union President's Room  
Tuesday, April 9th  
12:00PM**

### NICSS: Autism Awareness w/ PLP [Student]

Learn how autism can effect people's daily lives, learning, and socializing and how to be more inclusive when interacting with neurodivergent students.

**Student Union Hendricks Room  
Tuesday, April 9th  
12:00 PM**

### Latin Dance Night w/ Spanish club, HSJA, & Internationals Resource

Join us in a night full of music and dancing. There will be free food, a dance class, and live band music.

**Student Union Ballroom  
Tuesday, April 9th  
6:30PM - 9:00PM**

### Indigenous People and Social Change feat.

**Elisabeth Peirite-Mora and Jean-Luc Pierite**

Learn about the speakers' family and community's work around language and cultural revitalization and how it impacts their individual work.

**Student Union Lucile Hendrick Room  
Wednesday, April 10th  
5:30PM**

## Student Educator Opportunity

If you are a student and are interested in planning and partaking in more events like our Shades of Feminism: A Paint and Sip Discussion, join the Cultural Bridge Builders. Click the link below to apply!

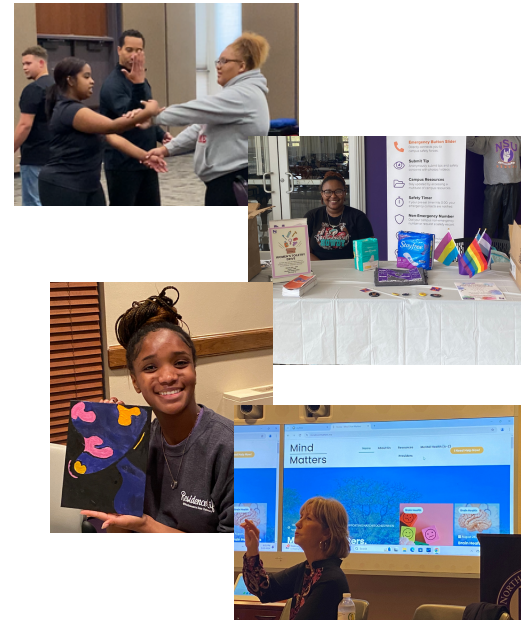
[SIGN UP HERE](#)

## Dates to Know

- **World Autism Awareness Day - April 2nd**
- **Laylat al-Qadr - April 6th**
- **Eid Al-Fitr - April 10th**
- **Vaisakhi - April 13th**
- **Festival of Ridvan - April 21st - May 3rd**
- **Passover/Pesach - April 22nd - 30th**
- **Armenian Martyrs' Day - April 24th**
- **Theravada New Year - April 24th**

## Last Month

To celebrate Women's History Month, we had a week of events that included a feminine hygiene donation table, a women's self defense class, paint and sip, and a mental health talk.



## Tip of the Month Master ADHD with Time Management

1. Having a clock visible, whether it is on your wall or on your wrist can help you keep track of time.
2. Setting timers with ample time to finish tasks and assignments ensures that you know how much time is passing.
3. Lastly, plan to be early and set reminders. Write down appointments 15 minutes earlier than they really are, and set reminders to ensure you leave on time.

