

# Kristi Potter NCC, LPC

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Friedman Student Union 318-357-5621 simmsk@nsula.edu

## Professional Summary

Provide counseling services to students on campus including career guidance, individual counseling, couples counseling and group therapy; collaborate with local general medical practitioners and psychiatrists providing counseling treatments in efforts to aid doctors needing to determine pharmaceutical treatment; facilitate assessments measuring a variety of mental health illnesses such as ADHD, depression, anger, eating disorders and drug and alcohol abuse; teach college level courses when applicable to field of study; present workshops for students and professionals on a variety of topics; provide 24 hour crisis intervention services for students on campus; organize and supervise student organizations with on and off campus outreach efforts

## Education

### **BACHELORS DEGREE 2000 NORTHWESTERN STATE UNIVERSITY**

- Major: Journalism
- Minor: Spanish

### **MASTERS DEGREE 2003 NORTHWESTERN STATE UNIVERSITY**

- Major: Counseling

## Experience

### **Assistant Director of Counseling and Career Services Northwestern State University 2006- Present**

- Facilitated individual, couples and group counseling sessions
- Provided 24-hour crisis counseling services for students on campus
- Organized and supervised peer mentor group on campus for outreach efforts on campus

### **Counseling Therapist Family Counseling Agency 2004-2006**

- Facilitated individual, couples and group counseling sessions
- Performed outreach to junior high and high school students on sexual assault and domestic violence
- Received specialized training in sexual assault counseling and intervention techniques
- Worked with law enforcement on sexual assault cases including testifying in court

## Accomplishments/Honors

LPC – Licensed Professional Counselors Board of Examiners – Baton Rouge, LA

NCC – National Board for Certified Counselors – Greensboro, NC