

Area Mental Health Providers

Counselors in the Natchitoches area:

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| Robin Miley LPC | 318-238-2442 | \$100 per session. Provides invoice for insurance reimbursement. |
| Clarity Counseling Cindy Allen LPC | 318-663-0191 ClarityCounselingService.com | Accepts Blue Cross Blue Shield and Aetna. For clients with no insurance or other insurance sliding scale, of \$50-\$100 |
| Rose Marie Salim LCSW | 318-663-5629 | \$100 per hour |
| Louis Lowrey LPC, LMFT | 318-491-5485 | Provides invoice for insurance reimbursement, will work out payment arrangements on a sliding scale. |
| Dr. Catherine Hansen PhD. | 318-352-1022 | \$125 per session. Able to provide therapy and prescribe medications. Provides invoice for insurance reimbursement. Sessions in the evening. |
| Amy Bienvenu LCSW | 318-652-1051 | \$125 for assessment; \$50 per session |
| Carolyn M. LaCour LPC-S, LMFT in Louisiana and Texas | 903-472-2795 | Accepts most insurance and EAP. We file the insurance for you. You pay your Deductible and/or Co-Pay only. Cash Pay arrangements available on an individual basis. Evening and weekend appointments. |

Other Community Resources:

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| Natchitoches Behavioral Health | 318-357-3122 | Accepts all insurances, Medicare, Medicaid (Magellan). Sliding scale for no insurance. Medication management by psychiatrist, counseling available. |
| Natchitoches Outpatient Clinic | 318-352-9299 | Medicaid (Magellan) and self-pay. ADD/ADHD, Behavioral Issues. Sliding scale, usually around \$40. Social worker for therapy and psychiatrist on staff for medication. |
| Rehab Services of Cenla | 318-357-9009 | Medicaid (Magellan) Only. Medication management by psychiatrist, counseling available. |
| Winterhaven Professional Counseling | 318-238-8801 | Medicaid (Magellan) Medication management by psychiatrist, counseling available. |
| Provision Rehab Counseling Services | 318-238-4030 | Medicaid (Magellan) Only. Medication management by psychiatrist, counseling available. |

LCSW – Board Certified Social Worker
 LMFT- Licensed Marriage and Family Counselor
 LPC – Licensed Professional Counselor
 MSW – Masters in Social Work

Mental Health Providers/Practitioners (Vernon & Winn Parish)

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| Leesville Mental Health Center | (337) 238-6431 | Outpatient/partial hospitalization. Services for adolescents, adults, and seniors including substance abuse. Accepts Medicaid, Medicare, private insurance, client/patient fees. Sliding fee scale available and facility payment assistance. |
| Beauregard Mental Health Center | (337) 462-1641 | Outpatient/partial hospitalization. Services for adolescents, adults, and seniors. Emergency/walk-in psychiatric services. Accepts Medicaid and Medicare, client/patient fees, private health insurance. |
| Winn Community Health Center | (318) 648-0375 | State-run community health center. Services for children, adolescents, adults, and seniors. Outpatient only. |
| Vernon Community Counseling Services, LLC. | (337) 213-2393 | Outpatient treatment. Lead therapist holds national certifications for trauma and grief counseling. Operates on sliding scale only. |
| Mary Catherine Bienvenu, LPC, LAC | (337) 326-4957 (Leesville) | Licensed Addiction Counselor. Outpatient private practice. Works with adolescents and adults. Fees: \$80-100/session. Accepts insurance: Aetna, Blue Cross/Blue Shield, TRICARE. |
| Suzanne M. Palmer, MA, LPC, LAC, NCC (Equine Assisted Practice) | (318) 524-7825 (Alexandria) | Does individual and group therapy. Works with adolescents, adults, and veterans. Fee payment: \$80-\$120 per session. Accepts insurance: Aetna, BHS, Blue Cross/Blue Shield, Cenpatico, ComPsych, GEHA, Humana, Magellan, Medicaid, PsychCare, ValueOptions. |
| Sherry Perkins, LPC Home Place Wellness, LLC (Equine Assisted Practice) | 318 201-8141 (Alexandria) | Individual and couples counseling offered. Works with ages 10 to adult. Fee: \$90 per session. Accept BCBS and Tricare. |